





Welcome to Tween Holiday Summer Half Term 2022 Issue!

This edition is a short and sweet one!
We're celebrating 70 years of Her Majesty, Queen Elizabeth II.

It's a great time of festive cheer for us as we join lots of well-wishers.

Have fun with our activities.

Enjoy reading our articles! x

Connect with us on Facebook & Instagram and send us a message.

Caritas (much love)

The Crew!





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TWEEN HOLIDAY

In this Issue



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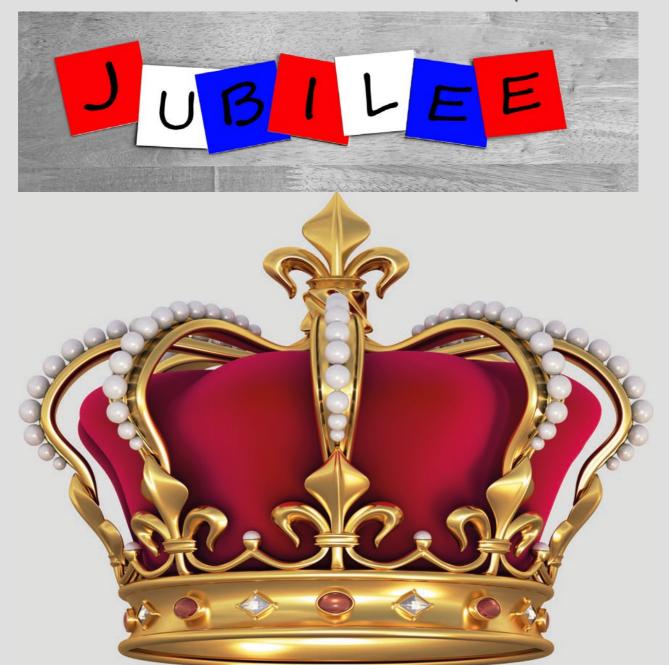


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Celebrating Elizaber



70 years as Queen

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Happy jubilee celebration everybody. Whoop whoop!

To celebrate we made a super queen jubilee themed wordsearch just for you.

Hope you enjoy doing

it just as much as we enjoyed making it for



TWEET HOLIDM

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Things to do!

half term activity

Yes, mum! Besides our jubilee celebrations, here's my to-do list!



⊘1

GROW A SUNFLOWER PLANT 02

VISIT THE SEASIDE

03

TAKE A TRIP TO A MUSEUM

04

HAVE A PICNIC







Canapes



Small bites served in spoons.

Mini finger foods.



Finger Foods



Nibbles such as nuts, crips, puffs. Small pastries stuffed with meats, veggies and dips.





Antiposti



Cheeseboards and Meatboards

Cheeses with bread and pickled preserves. Cured meats with grilled veggies and flavoured oils.



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Berry smoothies are ideal for the summer.

A yummy and fast reat to make. Simply crush ice with frozen or fresh fruits. You can top with yoghurt, milk or granola for some extra yumminess.

Flavoured sodas are also a great treat.

Fizzy or flat, whatever your preference is, serve on ice for an extra refreshing feel.



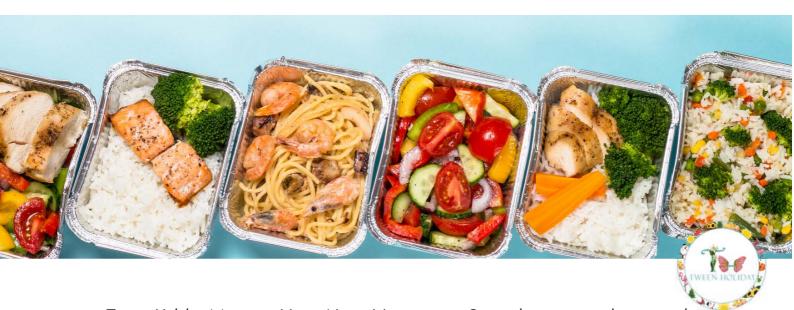




Barbecues are ideal for a summer party.

Sharing platters.

Individual bowls with salads.



Desserts



Collection of mini tarts, and cakes. Rainbow flavoured macaroons.





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Taking care of me

RFING MENTALLY ALERT

As we move closer to the end of the school year, it is important that we stay mentally alert.

Here are 3 tips for staying mentally alert and keeping our minds active.

SLEEP

- Resting during the half term is so important to get recharged for the rest of the school term.
- As you sleep, your brain cells are renewed. Make a habit of going to bed early and have your full 10 hours of sleep each day.

EXERCISE

- Proven to increase our oxygen levels which in turn helps us to concentrate better.
- A brisk walk, a short run or jog or flapjacks all count for that instant burst of energy.

READING

- Reading opens our minds to new horizons. We learn new things and this expands our imagination and understanding of the world.
- Form the habit of reading daily - books, magazines.



A collection of mental notes to feed your mind with good thoughts and help you through your day!

BE POSITIVE, PATIENT AND PERSISTENT.





















Spring & Summer together!

This time of the year is a great blend of spring and summer.

Hope you are enjoying some nice weather moments!

Take time out for the great outdoors.







Be Inspired

This is your personal thinking space.

What comes to your mind when you look at this photo?



Let your mind run free!

Jubilee Facts!

01

LONDON UNDERGROUND

The Jubilee line on the London Underground was named after the Queen's silver jubilee.

02

RECORD SET

Queen Elizabeth II is the first British monarch to celebrate a platinum jubilee.

03

BIGGEST OUTDOOR PARTY

Queen Elizabeth II's Diamond Jubilee had more than 1 million people and 1,000 boats sail down the river Thames!



FOUR DAYS OF FUN

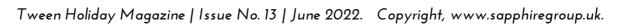
The Platinum Jubilee is celebrated from 2nd to 5th June with a 4-day holiday weekend.



MOST TRAVELLED MONARCH

N. TWEEN HOLIDAY

Queen Elizabeth II has visited over 100 countries. Travelling over 150 times during her reign!



Get creative with fun art

Try this simple crown design.

The first step is to

draw an unhappy face

in the middle of your page.

Make sure there's room at

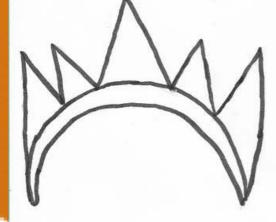
the top of your page!

Double up the unhappy
mouth to make it lock 3D!
Make sure to Leave room at the top
of your page for the next step!

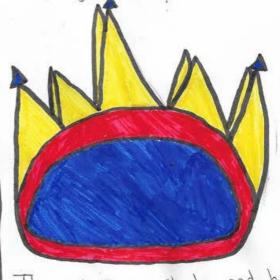




3) Add spikes to the top of your unhappy mouth! Make sure the one in the middle is the tallest!



(4) Now make it 3D! In the gaps between the spikes add one more spike for a 3D egged. Then Join the unhappy mouth mouth together for a full circle.



Then colour or shade and have



YOU'RE INVITED

Join our brand crew.

Tween Holiday celebrates amazingness in pre-teen girls!

A global magazine by pre-teen girls for pre-teen girls (mostly!).

We cherish holiday good times with: Fun, Family, Friends, Food, Fiesta, Faith!

We are looking to work with

- 1. Mums as our local brand representatives.
- 2. Business sponsors who share similar brand values Email us for details!

tweenholiday@sapphiregroup.uk

Our magazine issues all year round:

New Year Special Edition (Jan)

Spring Half Term (Feb)

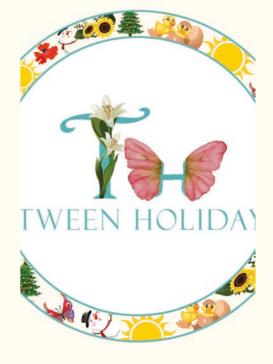
Easter Holiday (Mar/Apr)

Summer Half Term (May/June)

Summer Holiday, 3 Issues (July & Aug)

Autumn Half Term (Oct)

Christmas Special Edition (Dec)









THANKS FOR READING THIS ISSUE!

We hope you've enjoyed our Jubilee articles

To get free issues delivered to your inbox throughout the new year, ask your parents / carers to visit https://sapphiregroup.uk/subscribe



Email us: tweenholiday@sapphiregroup.uk

SUMMER ISSUES COMING SOON!

Keep your eyes and ears open for them. Arriving in July & August!

We are looking to partner with schools, family-minded businesses and organisations to feature your stories.

Contact: tweenholiday@sapphiregroup.uk



