

NEW YEAR SPECIAL

Issue No. 10 | January 2022

Let's Celebrate!
**A HAPPY
NEW YEAR**

Tween Holiday

FREE PRE-TEEN GIRLS MAG

2022
Holiday
List



Goals &
Resolutions

Beauty
for Ashes

Escapist
Therapies



@tweenholiday

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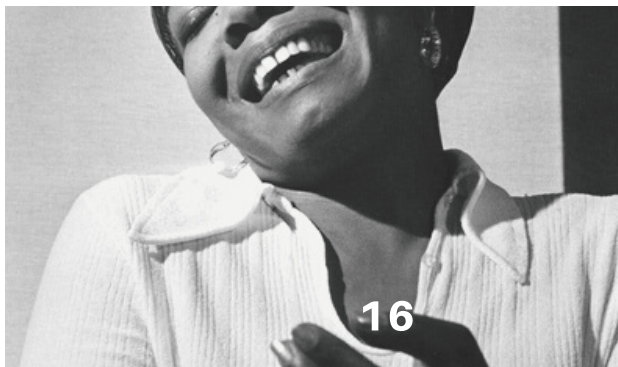


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TWEEN HOLIDAY

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HAPPY NEW YEAR: FROM THE CREW

HAPPY NEW YEAR, EVERYBODY!

At Tween Holiday we are super excited to celebrate this New Year with you all. In 2022, we are all about out with the old negative stuff, and in with the new fresh and fulfilling life.

A new year is the perfect time to reflect on your past years and think about how to make the coming years the best possible.

Enjoy this issue as we share

- Goals & Resolutions
- Holiday Dream Adventures
- Role Models
- - - Ideas about BEAUTY.

Including a fun game.



**WE ARE EXCITED FOR
A BRIGHTER 2022
TOGETHER!**



CREW CONTRIBUTORS

editor/creative in crew linda unugboke

crew writer 1 cam cam

crew writer 2 zizi

cover illustration Mithini

Let's Go

TWEEN HOLIDAY MAGAZINE | ISSUE 10 | JANUARY 2022



RESOLUTIONS TO MAKE

Stay fit
Have fun
Laugh lots
Learn loads

Be open to positive change
Try something different
Keep focus
Dream & win big

Let's Set New Visions

WHAT'S YOUR MISSION FOR THE NEW YEAR?

You can also decide to do something better. For example, to be tidier or learn a new skill or even spend more time doing homework or enjoying time with your family.

We think it is good to have new year's resolutions and it can help you tremendously in the future because if you are doing something for a whole year, it can be weird at first, but if you do it all the time, it becomes a habit.

My personal new year's resolution is to wake up earlier for school. My alarm goes off at 6:00am but I still feel tired. So, I get up at around 6:50am and then I don't have enough time to do everything that needs to be done.

Now I know that it can be pretty hard to keep a new year's resolution and most people have forgotten about it by mid-January. But that is okay; it may be tricky but that's the whole point. If you happen to forget but then you remember it again, don't just say, "what's the point?", have another go at it and try your hardest to do it at every opportunity you get.

A tradition that a lot of people do, is set a new year resolution. A new year resolution is something that people do because they want to start something new in the upcoming year.

A new year resolution motivates people to do things that they have been willing to do but have never put their minds to it, fully.

For example, if you decide that you want to try a different sport.





“
Happiness
Kindness
Caring
Joyfulness
”

These are some habits that you can form.
You can also try the following 3 S's



New Year New Goals New You

SMOOTHIES

Nutritious and nice drinks that can help kickstart your day the right way. OR have them to recharge after school.

Here are some of our favourites. You just get these 2 items and blend them with some water or ice (or milk for the strawberry & banana).

- Strawberry & Banana
- Carrots & Ginger
- Orange & Mango

YAY!

SPORTS

Always a great idea to do sports during your day to increase your oxygen flow, sharpen your focus and clear your mind.

Time outside during school breaks is a great way to exercise. Do some sports with friends even though you may not be great at it. Just have fun anyway.

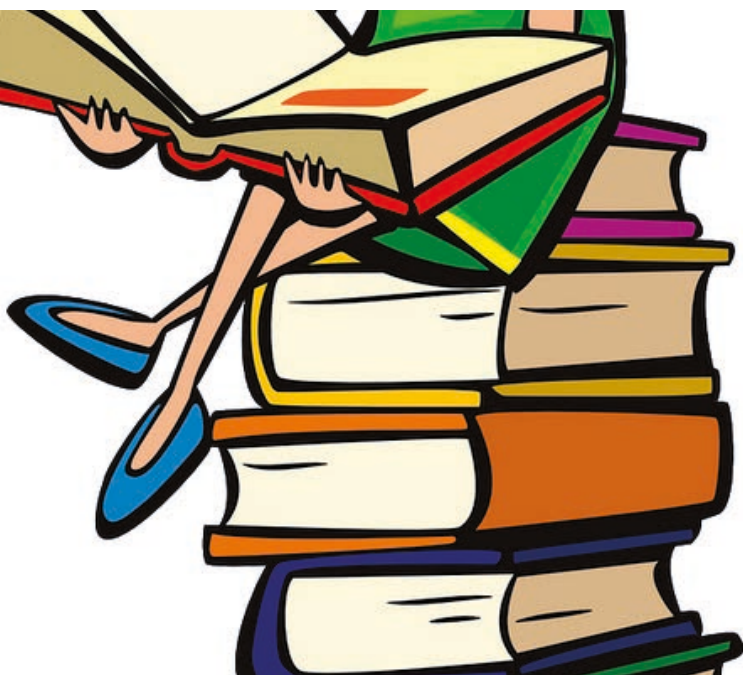
Walk or cycle to school if you can.

If you can't do any of these, come back home and enjoy a fitness workout for children such as PE with Joe on YouTube.

STUDY


A new year is always a good time to learn something new. Use the excitement of a fresh start in the first few months to learn a new language, skill or just read more books. Whatever you fancy!

Learning can never be taken away from you and can only help you improve on yourself.



MOVIE REVIEW

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MOVIES.DISNEY.COM



The poster for Disney's 'Encanto' features the Madrigal family and their magical animals in their lush, colorful home. Mirabel is in the center, wearing her signature green glasses and a white and blue dress. She is surrounded by her family members, including her mother, father, and siblings. The background shows the Madrigal house with a rainbow in the sky. The title 'Disney ENCANTO' is prominently displayed in the center, with 'Disney' in its classic script and 'ENCANTO' in large, colorful, stylized letters. Below the title, the words 'INSPIRE MUSIC' are written in large, bold, white letters. At the bottom, there are two lines of text: 'FAMILY, WONDER, FANTASY' and 'TOP TRENDING SONG ON YOUTUBE'.

Disney ENCANTO

INSPIRE MUSIC

FAMILY, WONDER, FANTASY

TOP TRENDING SONG ON
YOUTUBE

ENCANTO REVIEW

The movie Encanto is set in Columbia. It is about a girl called Mirabel who is part of the amazing and magical Madrigal family.

Everyone in the Madrigal family has a gift.

But there is something about Mirabel that makes her different from everyone.

And this difference" leaves her with a special challenge to conquer.



by Zizi



MUSIC

Encanto is full of music, fun, and dancing. The songs are addictive and you might start singing them at random times.

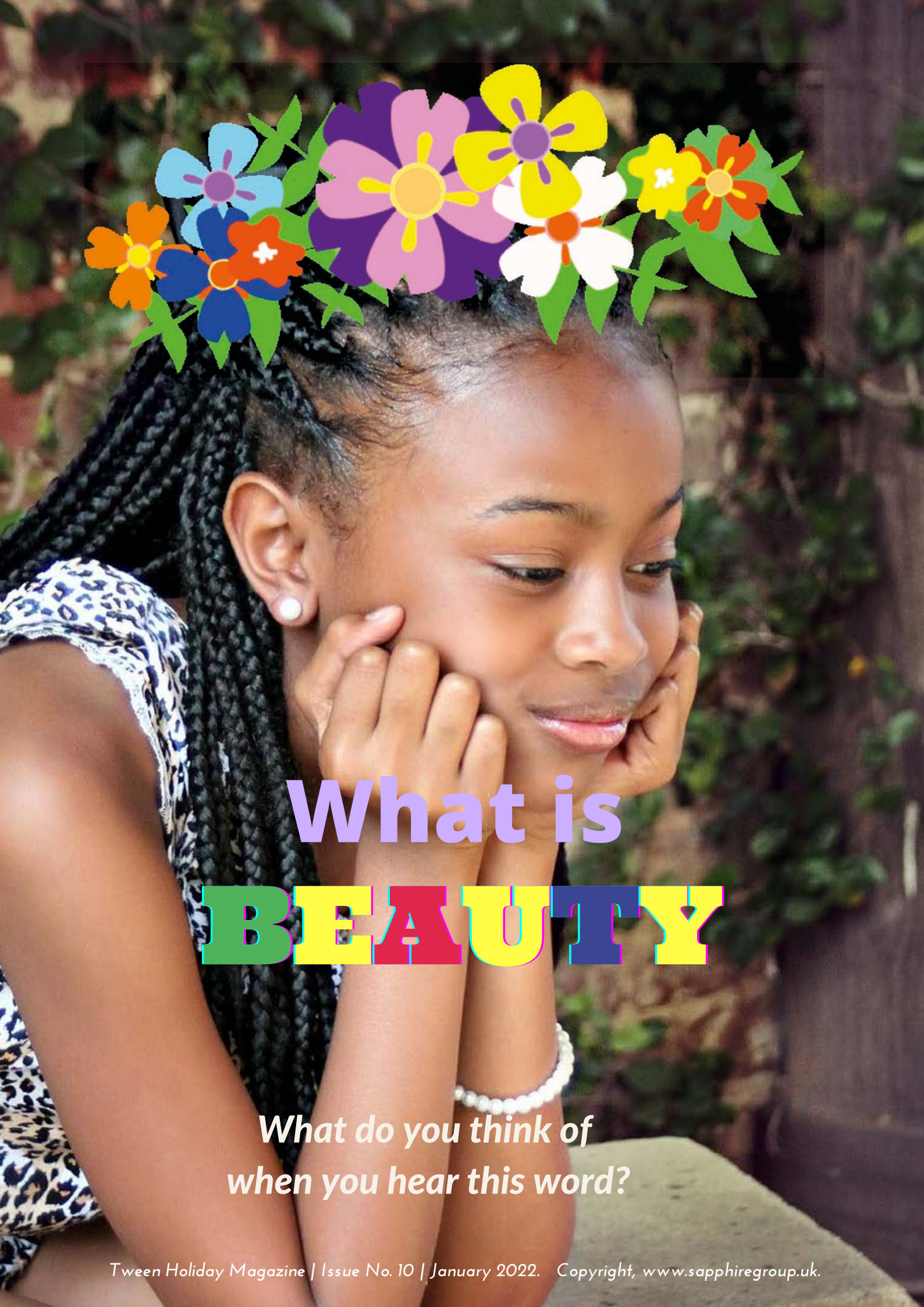
Honestly, I can't stop singing them! If you are a fan of Lin Manuel Miranda, then I recommend you watch it as he made all of the songs in it. It is also an excellent movie to watch if you are a fan of the movie Vivo (available on Netflix) as he also made the songs in Vivo. The music is a big hit on YouTube.

RATING

I rate **ENCANTO 5 STARS** as the music is addictive and great.

It is a favourite for me as the adventure involves the characters learning who they really are.

AVAILABLE TO WATCH ON DISNEY+



What is **BEAUTY**

*What do you think of
when you hear this word?*



The term beauty means many different things to different people.

Some people immediately think of superstars with their perfect poses, faces, and figures.

Others think of makeup, shoes, fancy clothes and pouts.

Few perhaps think of nature, friends, family, pets.

PERSONALLY, I THINK OF BEAUTY AS SOMETHING THAT CANNOT BE FULLY EXPRESSED.

IT'S AN INNER GOODNESS, JOY AND DELIGHT THAT MAKES PEOPLE GLAD.

I ALSO THINK THAT BEAUTY CAN BE SEEN IN NATURE, IN PEOPLE THROUGH THEIR GENUINE SMILES AND KIND ACTIONS.

SO, LET'S DIG A BIT DEEPER AND SEE HOW WE CAN THINK OF BEAUTY.



BEAUTY FOR ASHES

If the past year has been tough,
be hopeful for a better year.

YOU & YOUR LIFE IS A MASTERPIECE

Beauty starts with you!
Yes, YOU!

You may not feel beautiful.
You may not like the word.
BUT...Beauty is a gift that you
have been created with.

Don't believe it if anyone or
your mind says that you aren't.

OWN IT, GIRL!!!
Yes, OWN IT and SHOW IT.

Beauty means that you have an
inner sparkle in you that lights
up the entire world.
Yes, you are that powerful!

That's why you are so special
and there is no one else like
you in ALL THE WORLD.

So, if 2021 has been hard,
don't let it break you.
This 2022 is a NEW YEAR.
New Year means new
beginnings.

Begin again to smile.
Begin again to laugh.
Begin again to discover your
hidden gifts (and take them
out of hiding and use them.)

As you discover your true
beauty, my hope for you is

You are
beautifully
and
wonderfully
made.

In 2022

You will be given

**A beautiful garland
(roses, flowers) to
replace sorrow.**

**A garment of praise
(singing, joy,
gladness) instead of
sadness.**

The Beauty Game

FILL IN THE BLANKS
WHAT WORDS DO YOU THINK WE HAVE HIDDEN HERE THAT REMIND US OF
BEAUTIFUL THINGS, PLACES, PEOPLE, MEMORIES, ETC
CLUES BENEATH

01

S _ _ S _ _ E

Owner of
The Morning Rays

02

B _ B _ S _ _ L _

What a Little One Does to
Make You Go "Ooohhh"

03

D _ G P _ _ T

Man's Best Friend
Gives You That Look

04

R _ I _ _ O _

7 Colours of
Absolute Radiance

05

_ _ I _ D _ O _ S

They Pelter on Our Windows
And Dew The Flowers

06

_ _ K _ S V S P _ _ S

Desserts You Often Can't
Make Up On Which to Have

07

F _ _ _ I N _ S T _ E _ _ S

Their Constant Trickle
Is Delightful to Hear

08

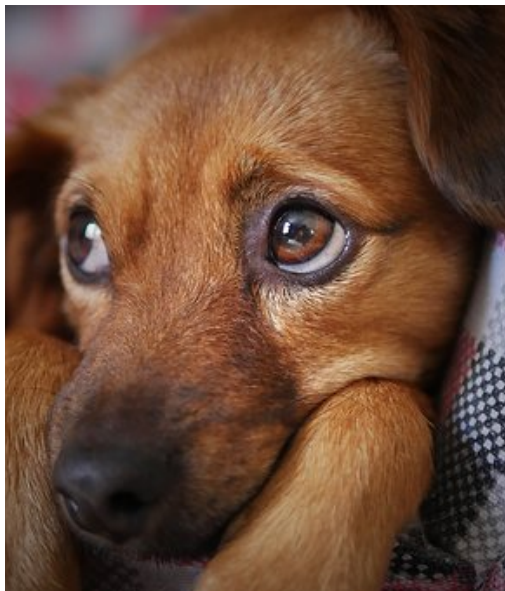
_ _ U _ _ R _ L Y

Spotting and Chasing These
is a Spring Dream

09

_ _ O _ _ R S

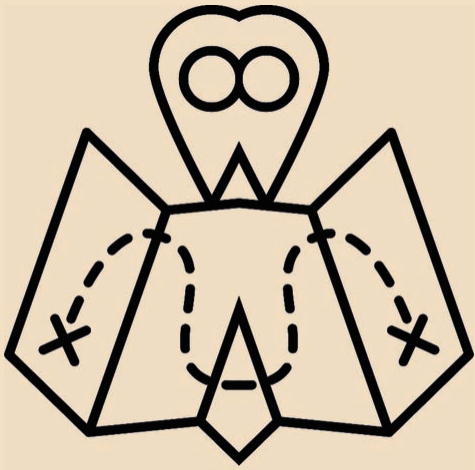
They Are One of the Best
Signs of Nature and Love



live
your
dream.

travel culture

TAKING IT EASY
WITH OUR HALF TERMS
AND HOLIDAYS



Tween Holiday is all for having fun - chilling out, relaxing, and taking it easy during the school half terms and holidays.

So... we thought,

What if we could have all the holiday adventures we dreamed of in 2022!

Can you imagine how amazing it would be to travel anywhere you wanted to during the half-term breaks and long school holidays?

Well, the Tween Holiday Crew (Cam Cam & Zizi) have decided to find out what's possible! Ha! 😊😊

Obviously, since a lot of travel has recently been restricted with lockdowns, redlists, and all whatnots... PLUS our parents have to pay for them (except we find a lovely sponsor to make our dreams come true! 😊 haha!), we can only dream and see what happens at the end of the year!

2022 Holiday List

Remember, this is just a dream list. Don't put pressure on your parents for travel. The most important thing of the holidays is to have fun together.



DREAM ADVENTURES OF TWO SISTERS

CAM CAM AND ZIZI'S
HOLIDAY WISH LIST

LONDON: SPRING BREAK

London is our first choice as it really doesn't need us to travel far. Less than an hour on the train or a car drive and we're in the bustling city. So, we figure our parents can't say no to this. Right?! We may do a short stay or day out.

SPAIN: EASTER

Spain has been on our wish list for too long! They especially celebrate Easter with style and panache, so we think it's a great destination at that time of the year. We're thinking of Alicante or Malaga. Easter there would be ama-a-a-zing!

WINDERMERE: JUNE BREAK

The World of Beatrix Potter and all such dreamlike views of Lake Windermere makes Windermere in the Lake District our choice for the June half-term. We're looking forward to inspirational storytelling!

CALIFORNIA: SUMMER

Disneyworld, Universal Studio tours, and cousins to visit and hang out with, make California our dream summer destination for 2022. Not to mention a stroll down Hollywood Walk of Fame.

GENEVA: CHRISTMAS

We have fond memories of spending time in Geneva for our family Christmas. And we pray for new memories to form in 2022 in our favourite family Christmas city. Answer us, o LORD! ☺



ROLE MODEL

by Cam Cam

PROLIFIC WRITER, ACTRESS & POET

M
A
Y
A

A
N
G
E
L
O
U

LIFE
DOESN'T
FRIGHTEN
ME

favourite poem

I KNOW WHY
THE CAGED BIRD
SINGS

most popular book

Maya Angelou is one of our most treasured writers in recent times. She passed away in 2014 at the age of 86.

She left a wealth of writings that we can all enjoy.

As we start the New Year, I share my favourite poem by her.

I hope the poem inspires you to amazing new visions this year!

Maya Angelou in 1969.

Image copyright from *The New York Times* (2014 Tribute).
Chester Higgins, Jr



MAYA ANGELOU

LIFE DOESN'T FRIGTHEN ME

Shadows on the wall
Noises down the hall
Life doesn't frighten me at all
Bad dogs barking loud
Big ghosts in a cloud
Life doesn't frighten me at all.

Mean old Mother Goose
Lions on the loose 😊
They don't frighten me at all
Dragons breathing flame
On my counterpane
That doesn't frighten me at all.
I go boo
Make them shoo
I make fun
Way they run
I won't cry
So they fly
I just smile
They go wild
Life doesn't frighten me at all.

Tough guys in a fight
All alone at night
Life doesn't frighten me at all.
Panthers in the park
Strangers in the dark
No, they don't frighten me at all.

That new classroom where
Boys pull all my hair (Kissy little
girls With their hair in curls)
They don't frighten me at all.
Don't show me frogs and snakes
And listen for my scream,
If I'm afraid at all
It's only in my dreams.
I've got a magic charm
That I keep up my sleeve,
I can walk the ocean floor
And never have to breathe.
Life doesn't frighten me at all
Not at all; Not at all
Life doesn't frighten me at all.



meatballs mirana

A STORY COOKS ADVENTURE
BY LINDA UNUGBOKE

Story Cooks is a foodies dreamland with delightful food and fantasy. A collection of stories created by our Editor-in-Chief, Linda Unugboke. Each storyland consists of dreamy alliterative stories and cooking.

In this issue, we share a snippet of one of the soon-to-be-released titles.

Meatballs Mirana, set in Morocco's storyland, is about Michai and Mum as they make a mouthwatering menu for family dinner.



Mum and Michai were making Meatballs Mirana. Mum's music made the kitchen mood, melodious. Mum chopped mushrooms and minced the mutton.

Michai mashed the minced mutton with the mushrooms.

Mum added mustard to the mixture and left it to marinate in the fridge.

Mum and Michai chopped mangos and mandarins to mix in the millet.

When those menu matters were done, Mum took out the marinated meat from the fridge, and Michai helped her mould them into mini balls.

Guess what happens next?

Subscribe to hear when we publish the full story.

Answers to the Beauty Game

01 - SUNSHINE
02 - BABY SMILE
03 - DOG POUT
04 - RAINBOW

05 - RAINDROPS
06 - CAKES VS PIES
07 - FLOWING STREAMS
08 - BUTTERFLY
09 - FLOWERS



Taking care of me

3 ESCAPIST THERAPIES

From time to time we all need to escape and get some refreshing. These are what we call **FEEL GOOD TIMES**. Here are **3 simple tips** which can help you relish some of these **FEEL GOOD EXPERIENCES** a.k.a Escapist Therapies!

GOOD FOOD

- Milk works wonders (if you're not lactose intolerant). Have some in your cereals or drinks.
- Fruits are especially yummy and a good sugar substitute.
- A hot meal once a day will make your insides feel warm and happy! :-)

GOOD SLEEP

- Don't use devices before going to bed. Keep that phone and tablet away and turned off.
- Pour some baby powder on your pillow. The fresh smell will soothe you.
- Have a bath before bedtime and change to a cosy nightdress or pyjamas.
- Cosy up on a soft toy. Yesss!

GOOD LAUGH

- Have a good banter with family and try to be cheerful with them.
- Call your friend up or share some good memories with them when you meet up.
- Read (or think up!) good jokes that make you laugh out loud!

IT'S FINALLY HERE!
BRAND FEATURE PAGES!

Feature Profile

**2 PAGES OF CONTENT,
1 SLOT AVAILABLE PER ISSUE.**



Brand content.

Full page logo, content
(multiple images and text).

**4 SLOTS AVAILABLE
PER ISSUE.**

Brand display.

Half-page brand content
(logo, single image, short message)

**4 SLOTS AVAILABLE
PER ISSUE.**

Brand display. Quarter page
(logo, tagline, contact)

**8 SLOTS AVAILABLE
PER ISSUE.**



YOU'RE INVITED

Join our brand crew.

Tween Holiday celebrates amazingness in pre-teen girls!

A global magazine by pre-teen girls for pre-teen girls (*mostly!*).

We cherish holiday good times with:
Fun, Family, Friends, Food, Fiesta, Faith!

We are looking to work with

1. Mums as our local brand representatives.
2. Business sponsors who share similar brand values

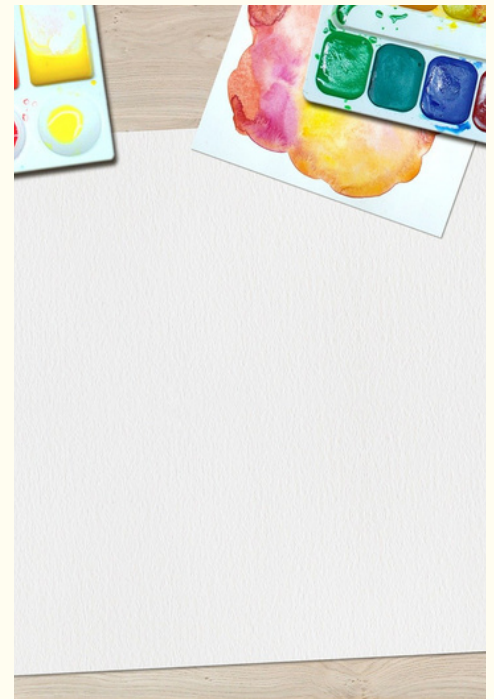
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Our magazine issues all year round:

- New Year Special Edition (Jan)
- Spring Half-Term (Feb)
- Easter Holiday (Mar/Apr)
- Summer Half-Term (May/June)
- Summer Holiday, 3 Issues (July & Aug)
- Autumn Half Term (Oct)
- Christmas Special Edition (Dec)

Gal





Thanks

FOR READING.

NEXT ISSUE IS
FEB HALF TERM

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It's FREE!***

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Until next issue

Sparkle

Smile

Swing



@tweenholiday

A pre-teen magazine for girls is released during the half-term and school holidays. We celebrate ethnic diversity, family, fun, faith, food, fiesta and friendships. No part of this magazine should be reproduced or printed without permission. We are looking to partner with brands, schools and organisations who share similar values.

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