

EASTER



Spring 2021 – Issue #6



@tweenholiday

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Hi friends,
Happy Easter and welcome to springtime!
It's our first spring issue! YAY!

We're delighted to be celebrating beautiful things.

First of all

We got back to school. Yes, school can be fun
after many weeks of staying indoors at home.

Then

In many places, lockdown is easing off and we're
now allowed to do outdoor activities 😊

Now

We get to take some time off and relax for the
Easter holidays.

Our amazing tween writers have been even
harder at work! We want to hear from you.

Please get in touch with us.

Email: tweenholiday@sapphiregroup.uk

@tweenholiday



Tween Holiday

SPRING TIMES #6

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Editorial Review
Anton

Editor In Chief
Linda Unugboke

Creative Directors
Cam Cam & Linda





Decorating Easter Eggs

Now it's Easter and we are all excited.

Here is an idea:

Why not decorate your own Easter eggs for an Easter egg hunt!

You can buy an Easter egg decorating kit but if you don't have or want one here is how to make your DIY style.

You will need

Eggs or plastic ones

Pot (for real eggs)

Pens, stickers (maybe dye)?

Instructions

If you have plastic eggs, skip the first 3 steps.

1. Get your egg and (with an adult's help if you can't use a stove yet) fill the pot with water then wait for it to heat up.
2. Then place the egg(s) inside the pot and wait for the egg to be hard boiled.
3. Take the egg out
4. Get your pens and stickers and... start decorating!! If you want to, (with your parents/ carer's permission) you can dye your eggs
5. Look at your masterpieces and use them for an egg hunt. Maybe the person with the most eggs can get a prize!

Spring into Spring

By Cam Cam

Schools in the UK and other countries/cities re – opened this spring! This meant we could go back to school, see our friends and learn without a video talking to us 😊

Anyway, as a result, we all got to be a bit more active – hurray!

Now it's the Easter break, let's keep up with fitness fun!

There is a beginner's workout in one of previous magazines (Issue 2) so you can always go and have a look at that.

If you don't want to do a specific exercise that's fine –

just go out for a walk or skip along in the spring fresh air.



**Whatever you do, be happy
as you "spring into spring!"**

Joe Wicks has been a popular fitness trainer especially during the lockdown.

Here's a link to one of his videos.

<https://www.youtube.com/watch?v=RzOgo1pTda8>

Let's go 🏋️👍



Fresh air

Written by Zizi

It is important to get fresh air everyday even if it is just for a few minutes. You can go out to the garden with your family and play some amazing games... Or relax in a park sitting outside.

Here are 6 facts about the benefits of fresh air:

1. Fresh air can help your digestive system
2. Fresh air can massively improve your blood pressure and heart rate
3. Fresh air can surprisingly make you happier
4. Fresh air can muscle up the immune system
5. Fresh air can make your lungs dirt free
6. Fresh air can energise and focus your mind on the things you need to do





The Story of Easter



It all started in Jerusalem when Jesus was healing people on a Sabbath day (which was a special day for Jews like Jesus).

Some of the priests thought this was against the law because on the Sabbath people were supposed to rest. Jesus knew that they had plotted to kill him a few days later so he and his disciples had their last supper.

After that one of his disciples betrayed him and told Jesus' enemies where Jesus was. They met him in the garden where he was praying and arrested him.

The following day on Good Friday, Jesus was crucified on a cross and died.

Three days later on Easter Sunday, he rose from the dead and ascended into Heaven.

From that day on people celebrate Easter.

The Gift of JOY!

Do you know that being joyful is
great for your health?

It helps you feel good

Helps you relax

Makes you enjoy life

Helps you be a more positive
person

In this taking care of me activity,
we want you to write a few
things that make you joyful

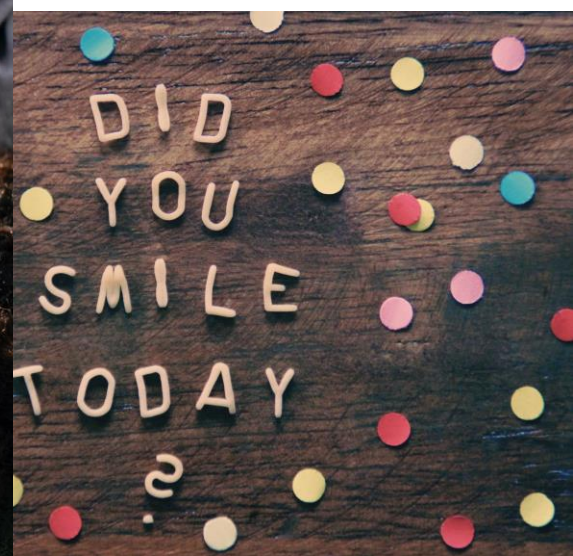
Write out the things that make you laugh...

Taking care of me

The Gift of JOY

How often do you take time
to chill out?

What makes you smile?





Delightful Easter Food

Which of the following are your favourites?

Send us a photo of some of your Easter Food.

Tag us @tweenholiday on Instagram or Facebook.

Breakfast ideas:

Scones

Cinnamon Swirls

Pancakes

Dessert ideas:

Chocolate Bunnies

Easter Eggs

Macaroons





Pie Place by
Linda Unugboke

Patti and Papa pranced down the purpled
flowered pansy path.

Puppy their dog, peacefully plodded along.

As Patti pressed her palms over the pansies,
she felt pleased to be going to what was
possibly her favourite place – the Patisserie!

The name of the Patisserie was Pie Place.

Patti was pretty puzzled as she peered past
the glass screen, at the parade of pies, piled
prettily on porcelain plates.

**Papaya Pie, Peach Pie, Peanut Pie, Pear Pie,
Pecan Pie, Pineapple Pie, Pistachio Pie, Plum
Pie, Pomegranate Pie and Pumpkin Pie.**

“They all look perfect, I can’t possibly pick
one,” Patti pondered.

Read the rest of the story in book *Pie Place* by Linda
Unugboke

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Amazing Authors... Zizi

When the grass sways

*When the grass sways
It goes in lots of ways
To and fro
Side to side
When it cuts off soil
In the wind it glides
On hot sunny days
I come out to play
And make daisy chains
In April and May
This is the way
The grass sways*

Now that it's getting warmer and bees have started to come out slowly; maybe flowers have hung around for a bit of a while? Why not make a poem about Easter/spring.

Here is a poem we have made ourselves.



Have a go at authoring your own poem

What do you think of
when you look at this
picture?

Try and be free-
spirited as you write
what comes to your
mind.





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