

summer vibes

Issue No. 19 | Aug 2023

**Tween Holiday**



Tween Holiday  
New Website

Food Delights  
Summer Sports

Things to Do  
Movies to See



@tweenholiday

Copyright Sapphire Publishing.

[www.sapphiregroup.uk](http://www.sapphiregroup.uk)

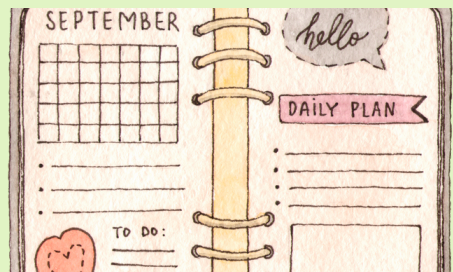
# What's Inside?



## TWEEN HOLIDAY

Pre-Teen Magazine

Issue No. 19 | Aug 2023



**Hello from the Crew**  
**New Website**  
**My Favourite Summer Things**  
**Time Outdoors**

**Fun Food for Summer**  
**Movies for this Season**  
**FIFA Women's World Cup**  
**Getting ready for School**

Email us:  
[tweenholiday@sapphiregroup.uk](mailto:tweenholiday@sapphiregroup.uk)

Check out our new website and Subscribe:  
[www.tweenholiday.com](http://www.tweenholiday.com)





**HELLO**  
*friends*

## Welcome to Tween Holiday *Summertimes 2023 Issue!*

We're right in the middle of summer.  
Hope you're enjoying your holidays  
and making the most of the sun.

We turned 3 years old this summer!  
How time flies! To celebrate, we held  
our very first pop-up event and hosted  
a stall. That was special!

In this issue, we'd also like to celebrate  
Our brand new website!  
We've finally launched this.  
So check us out at  
**[www.tweenholiday.com](http://www.tweenholiday.com)**

We keep all the musings, magazine and  
merch on there. So join in the fun!

We've given you a sneak peek of  
What's Inside this issue.

We're especially delighted about the  
FIFA Women's World Cup  
as two of our favourite teams  
England and Nigeria are blazing!

Enjoy reading our articles! 😊

**Follow us Facebook & Instagram**  
**@tweenholiday**

**Caritas (much love)**  
***The Crew!***

Email us:  
[tweenholiday@sapphiregroup.uk](mailto:tweenholiday@sapphiregroup.uk)

Subscribe:  
[www.sapphiregroup.uk](http://www.sapphiregroup.uk)  
[tweenholiday.com](http://tweenholiday.com)



### **Tween Holiday Crew**

**editor in crew** linda unugboke

**crew writer 1** cam cam

**crew writer 2** zizi

**rew writer 3** anton

**asst. reviewer** yoshi

Hi Friends,  
Join us in the fun on our  
brand new website.

**NEW WEBSITE**  
**TWEENHOLIDAY.COM**



by The Crew at  
**TWEEN HOLIDAY**  
Pre-teen / early teens  
website

**VISIT  
TODAY**

**GOES LIVE, SUMMER 2023**

**BOOK  
MARK**

**MAGS**  
**ONLINE  
MAGAZINE**

Sign up for  
**MERCH**

online shop with  
special tween  
holiday items

GET THE  
LATEST  
**MUSINGS**

BLOG POSTS ON  
EVENTS AND MORE

**www.tweenholiday.com**





# SUMMER

Skipping  
Dancing  
Singing  
in the sun

We can intentionally enjoy summer outdoors.



# SUMMER



## Sundaes

There is no better time to indulge in a sundae than during summer.

You can make these at home, with so many combinations to cherish.

Simply whip up your favourite ice-cream with some fruit and viola! Delish!

Here are some of our favourite combos

- Strawberry & Vanilla with Hazelnut syrup
- Chocolate & Vanilla with whipped cream
- Banana & Toffee with chocolate sauce



## Sports

This is a summer of sports especially as we have the FIFA Women's World Cup taking place this summer.

It's been a fantastic show of sporting excellence from women all over the world.

Take part in some fun outdoor sports.

You can play football in the field, or have a go at tennis, swimming, skating, skipping or skateboarding. Whatever takes your fancy, the opportunities for fun are endless.



## Stories

Spending summer reading new stories or old favourites is such a relaxing way to spend time.

You can also join your local library activities which may include story telling sessions.

These sessions are a good way to meet new friends, hear stories from experience storytellers. And of course, borrow books to read at your own leisure.





My Favourite

# SUMMER THINGS





# MOVIE REVIEW

IMAGE COPYRIGHT, SONY PICTURES  
ANIMATION INC. 2023, MARVEL.

## SPIDER-MAN

ACROSS THE SPIDER-VERSE

3 WORDS THAT DESCRIBE THE MOVIE:  
FAMILY, ACTION, HILARIOUS



# SPIDERMAN ACROSS THE SPIDER-VERSE REVIEW

by Anton

Spider-man across the spider-verse continues to follow the adventures of Miles Morales. The movie picks up by showing the viewpoint of Miles' close friend and fellow spider-woman from an alternate universe, Gwen Stacy.

The movie's use of different forms of animation, colours and perspectives is sensational and is one of the reasons

**I have this ranked as the best movie I've ever watched.**



The movie is packed with comedy and is incredibly easy going and good-natured making it an enjoyable watch for all age groups.

Another excellent feature of the movie is the amount of different and diverse cultures and races that we see throughout the movie.

Throughout the movie we see Miles faced with adversity as the negative opinions of others constantly weigh him down convincing him that he's making wrong decisions and isn't fit to be a spider-man, regardless Miles remembers his uncle Aaron's advice to "just keep going" and pushes through with his goal to defeat the ever-evolving supervillain "The Spot".



DO YOU HAVE FLOWER POWERS?



GETTING TO KNOW YOUR SUMMER BLOSSOMS



# FLOWER QUIZ

What are the names of these flowers?



A



B



C



D



E



F

Answers  
revealed  
on the page  
"Be Inspired".







# summer flowers



There are over 300,000 different species of flowering plants in the world. Some of the most beautiful of these grow during the summertime.

Some of these include:

- Dahlia
- Zinnia
- Petunia
- Coneflower
- Peony
- Hydrangea
- Rose
- Begonia
- Cosmos
- Marigold
- Sunflower

These are just a few examples of some of the prettiest flowers that you can spot in summer.

You can go on a nature hunt and see if you can find any of the flowers in the list.

**Fun fact: Flowers can boost mental well-being in people.**

So a flower hunt is good for some exercise and your mental health.

Choose a nice sunny day when you hunt for the flowers and try to find as many as grow in your area.







## TWISTED POETRY

*by Zizi*

I TOOK A FANTASY TRIP DOWN NOTTINGHAM  
FOREST'S HISTORY LANE AND THOUGHT OF WHAT  
PRINCE JOHN'S VERSION OF ROBIN HOOD WOULD BE

**enjoy my twisted poetry titled:**  
**Prince John's Version of Robin Hood**



WE'VE ALL HEARD THE TALE OF ROBIN HOOD,  
THAT YOUNG ONE WAS KNOWN FOR DOING  
GOOD.  
HE WOULD STEAL FROM ME (PRINCE JOHN'S MY  
NAME),  
AND GIVE MY RICHES TO VILLAGERS, EVERY TIME  
THE SAME.  
DAY AFTER DAY, NIGHT AFTER NIGHT,  
I WOULD GO INTO BED IN FRIGHT!  
KNOWING THAT ROBIN HOOD WOULD STEAL  
FROM ME,  
ALL MY VALUABLE TREASURES.  
BUT DID YOU KNOW HE NEVER GAVE THEM TO THE  
NEEDY OR BACK?  
HE ONLY ADDED THEM IN HIS COLLECTION SACK.  
TO UNDERSTAND WHAT HE DID WRONG,  
SIT TIGHT CUZ IT DOESN'T STAY CLEAN FOR  
LONG...

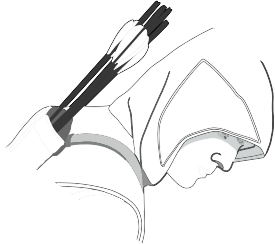
LET'S SET THE SCENE IN THE GEORGIAN TIMES,  
WHERE HE DID ALL HIS ILLEGAL CRIMES.  
EVERY DAY HE WAS ON THE RUN,  
NO MATTER IF THERE WAS RAIN OR SUN.  
HE JUST NEEDED TO AVOID ME, THE KING.  
UNTIL THEN HE COULD EASILY DO HIS THING.

"I'LL STEAL ALL THE KINGS GOLD AND JEWELS!"  
"IN LIFE, I PLAY BY MY OWN RULES!"  
ROBIN WOULD SAY TO HIMSELF EVERY DAY,  
HE ONLY LIKED GETTING HIS OWN WAY.

SO EVERY MORNING AT SUNRISE,  
THE LAD WOULD TAKE ME BY SURPRISE.  
BECAUSE EVEN IF I'D DONE NOTHING WRONG,  
HALF OF MY MONEY WOULD BE GONE!

SO ONE NIGHT I CAME UP WITH A SCHEME,  
TO MAKE SURE MY MONEY STAYED WITH ME.





## Prince John's Version of Robin Hood

by Zizi



I ASKED THE SHERIFF OF NOTTINGHAM,  
TO KNOCK ON EVERY DOOR IN NOTTINGHAM.  
TO ASK THE VILLAGERS FOR A REASONABLE PRICE,  
THAT THEY ALL WOULD HAVE TO PAY  
IF IT WAS IN THEIR HOUSE THEY WANTED TO STAY.

EVEN THOUGH I WAS AWARE,  
THAT THE VILLAGERS HADN'T JOINED THE AFFAIR  
OF ATTEMPTING TO STEAL ALL MY PRIZED POSSESSIONS, THEY SHOULD TAKE THIS AS A LESSON:  
NEVER ATTEMPT TO TAKE FROM THE KING,  
TAKE NONE OF MY MONEY, NONE OF MY RINGS.  
BUT OF COURSE, ROBIN CONTINUED TO STEAL,  
AND THIS TIME IT WAS GETTING REAL!

ONE MORNING, WHEN I AWOKE,  
I ROSE TO SEE THAT I WAS BROKE!  
I HEARD THAT ROBIN HEADED INTO TOWN,  
SO I DECIDED TO FOLLOW HIM THIS TIME AROUND.  
AS HE ENTERED THE VILLAGE, THE FAMILIES WERE FILLED  
WITH GLEE.

HE WAS CARRYING AN UNUSUALLY LARGE BAG,  
IN WHICH I WAS INTRIGUED.  
HE ENTERED A FAMILY'S RESIDENCE  
( I THINK THE NAME WAS WEIR)  
AND EVEN WHEN HE EXITED THE HOME,  
THE BAG WAS STILL WITH HIM THERE!  
I WATCHED AS A GOLD COIN SLIPPED THROUGH A TORN  
HEM AND REALISED THAT THIS MEANT,  
ROBIN HAD NEVER GIVEN THEM MONEY TO HELP SUPPORT  
THE RENT!



I RUSHED INTO THE HOUSE I WAS SHOCKED TO FIND,  
SOME CHAIRS WHERE THE WHOLE FAMILY WERE ALL  
FORCED INTO AND TIED!  
THE NEXT DAY, VILLAGERS ASKED WHERE THE FAMILY  
HAD GONE AND THESE WERE THE WORDS OF ROBIN  
HOOD,

"I GAVE THEM ENOUGH MONEY, SO THEY LEFT THE  
TOWN FOR GOOD."  
I WAS SO ANGRY THAT I MARCHED UP TO THE BOY AND  
SAID EXACTLY THIS,  
"ARE YOU HAPPY THAT YOU'RE ENJOYING MY MONEY,  
TO MAKE YOUR LIFE SWELL AND WITH BLISS?"  
I KNOW THAT I HAD SPOILED ROBIN'S REPUTATION AND  
FUN,

BUT I COULDN'T RUIN IT ANYMORE BECAUSE ROBIN  
HAD DECIDED TO RUN!  
HE RAN ALL THE WAY TO THE DOCK AND STOLE A SHIP  
FROM MY NAVY!

HE WAS ON THE SHIP FOR MANY DAYS, HE WAS  
FOREVER SAILING!  
BUT JUST AS HE THOUGHT HE COULD START OVER  
AGAIN, LIFE FRESH AND NEW,  
UNFORTUNATELY, HE WAS MET BY AN UNFRIENDLY  
PIRATE CREW!

"BOOM!" WENT THEIR CANNONS,  
"OOPS," THE BOY SAID,  
AND JUST LIKE THAT HE WAS OFF WITH HIS HEAD.

NOW THIS STORY MAY HAVE TAKEN YOU BY SURPRISE,  
BUT DON'T LET ANYONE TELL YOU OTHERWISE.  
AND I UNDERSTAND THAT YOU MIGHT HAVE THE  
FEELING,

THAT THIS INFORMATION IS QUITE MISLEADING,  
BUT REMEMBER THIS SPECIAL QUOTE FROM ME:  
'HISTORY IS MORE THAN WHAT IT SEEMS TO BE'





## DIY Ice Pops

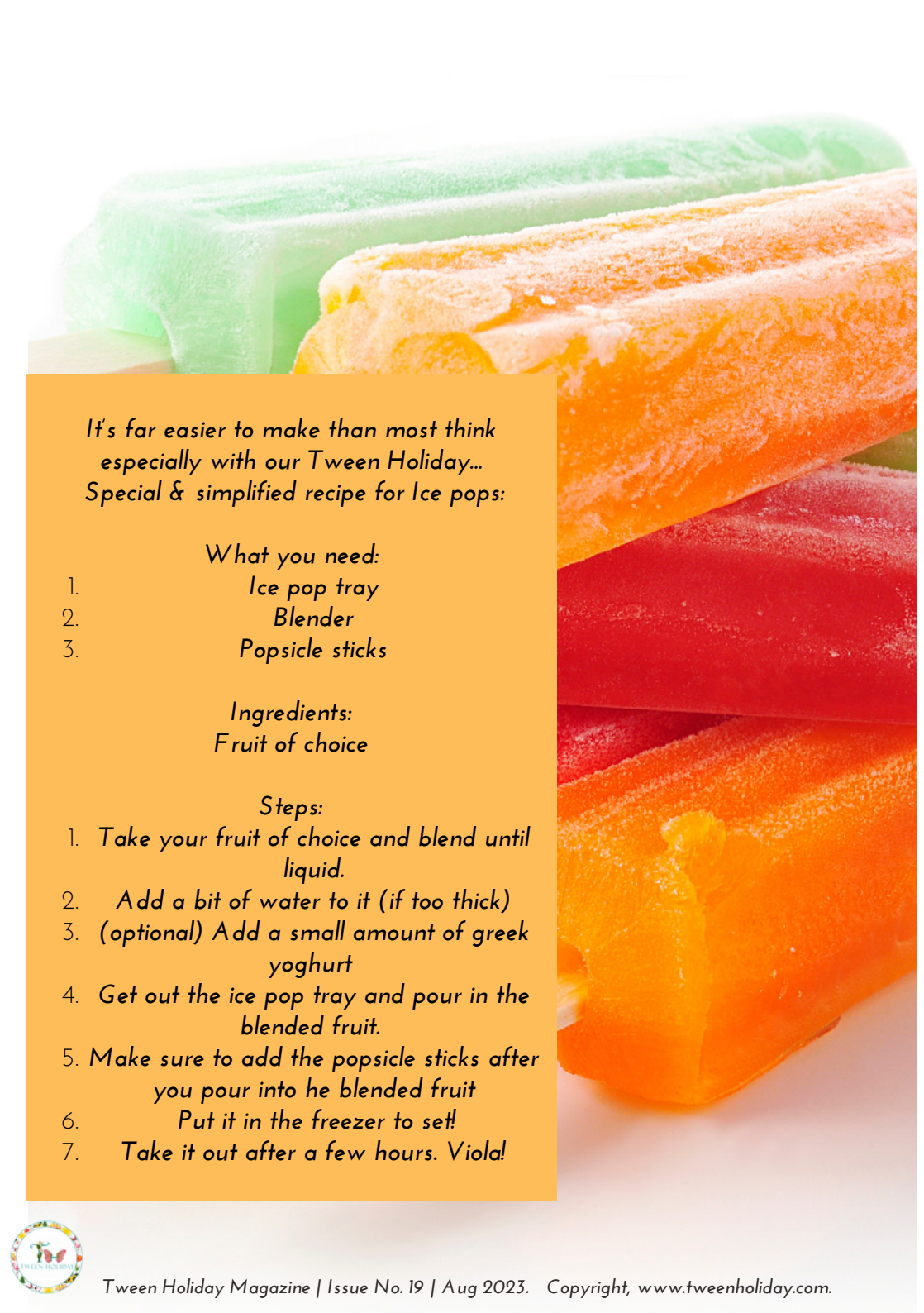
*Under the unmerciful, blazing heat of the summer sun, you can't help but beg your parent to buy some ice pops from the store.*

*However, the thought of having to walk in the heat or have to drive in an uncomfortably, stuffy car can easily deter anyone from wanting to go to the shops on a day like such.*

*Fortunately, we have the perfect cure for overheating: DIY Ice pops!*







*It's far easier to make than most think  
especially with our Tween Holiday...  
Special & simplified recipe for Ice pops:*

*What you need:*

1. *Ice pop tray*
2. *Blender*
3. *Popsicle sticks*

*Ingredients:*  
*Fruit of choice*

*Steps:*

1. *Take your fruit of choice and blend until liquid.*
2. *Add a bit of water to it (if too thick)*
3. *(optional) Add a small amount of greek yoghurt*
4. *Get out the ice pop tray and pour in the blended fruit.*
5. *Make sure to add the popsicle sticks after you pour into the blended fruit*
6. *Put it in the freezer to set!*
7. *Take it out after a few hours. Viola!*







**GOING  
FOR  
GOALS**

# FIFA WOMEN'S WORLD CUP 2023

The women's world cup has been a fantastic display of skill, sportsmanship and tenacity.

The tournament has been packed with many surprises.

The 2019 World Cup winners - USA - did not make it to the quarter finals as they lost to Sweden at the Round of 16.

This was a big shock to many people who expected them to retain the title or at least make it to the finals.

There was also a show of unexpected brilliance from a number of teams most notably, Nigeria and Colombia.

The UK had a fantastic round and made it to the Finals.



**But alas the**

**FIFA Women's  
World Cup 2023  
Champions are**

**SPAIN**



*Answers to the Flower Quiz*

A - CARNATIONS  
C - HIBISCUS  
E - BUTTERCUPS

B - LAVENDERS  
D - MARIGOLDS  
F - DAISIES



# Be Inspired

This is your personal thinking space.

What comes to your mind when you look at this photo?

**Let your mind run free!**





# travel culture

TAKING IT EASY  
WITH OUR HALF TERMS  
AND HOLIDAYS

what if I could  
travel the world

*Half-terms and Holidays are often a great time for us to relax. But parents seem to worry a lot about taking us out on treats and trips, and keeping us busy.*

If you're in that category, well good for you! But don't take such opportunities for granted as travel holidays cost quite a lot!

***So be grateful!***

And for those who rarely travel, that's okay too. You can still have a dream list of places you want to visit when you get older. Cut out pictures if you like and put them into a scrap book. After all it's free to dream.

***And maybe just someday,  
your dreams will come true!***







# HOLIDAY REFLECTIONS OF TWO SISTERS

C A M C A M A N D Z I Z I

**Last year, we had a year long dream list of where we wanted to go and things we wanted to do for the half-term and longer holidays. It was only a dream list of course! But we still had hope. How did we do? Results are in!**

## L O N D O N : S P R I N G B R E A K

We got our wish - hurray! We had a day trip into London and it was fun. We had a wonderful day trip shopping on the famous Oxford Street and topped off by lunch/dinner in a lovely restaurant. Yay!

## S P A I N : E A S T E R

Well - this remains a dream as we didn't get to visit. So for now, the wonderful tales of sea, sand and fiesta of Spain is yet to be seen.

## W I N D E R M E R E : J U N E B R E A K

We wanted to go to the wonderful world of Beatrix Potter but alas - it was not to be. But we got compensated with a trip to Southampton instead. This is a beautiful seaport town and there was a boat festival happening which was pretty cool to sport.

## C A L I F O R N I A : S U M M E R

Oh dear - we were far off from this one by 1000s of miles. We spent summer in the sunny lakesides of Buckinghamshire and nowhere near the beaches of California. Ah! Better try next time or maybe next year? Hmmm....

## G E N E V A : C H R I S T M A S

We made this! We actually said a prayer for this - if you remember! Of all our holiday desires, this topped the chart and we're so glad to say that it happened. Thank You LORD! 🙏😊





# Taking care of me

## FRESH AIR & SUNLIGHT

**Fresh air and sunlight works wonders for our health.**

**Taking a walk or a bike ride around your neighbourhood early in the morning can help to kick start your day the right way.**

**If you're not able to go out in the morning, open your window so that you can catch the first rays of the morning and hopefully the gentle breeze that flutters in too.**

- Sunlight has Vitamin D which helps to strengthen the bones. Catching the early morning sun is especially good for you as it doesn't come with the UV rays which we need to be careful of.
- Fresh air helps with the circulatory system and helps to purify your lungs. A walk in nature or the green grass is so soothing. Try taking off your shoes and getting your feet into nature.





# BACK TO SCHOOL

Going up a school year may seem intimidating and even scary if it's your first year in a new school or secondary school.

But really, there is nothing to fear as these Back to School tips will help you to be prepared for the school year to come.





# 1ST DAY TIP: SET YOUR ALARM TWICE!

## School supplies

As you are starting a new year in school, you will need to make sure that you have the right supplies and equipment for the year.

Here is a basic list you may need to start the new school year if you don't have them already

- Backpack & Waterbottle
- Pencil case & stationery
- Glue, markers & notepads

Most importantly, make sure your **school uniform** is complete, clean and ready for your first day.

## Knowing your school

If you are starting a new school or at secondary school, you may not be very familiar with the school yet. However, many schools provide maps for students to be able to find their way around the school. Before school starts, you may want to take a good look at the map so that you know where most things are such as the gym, the library and the classrooms.

## A guide to the first day

Set your alarm twice. 10 mins before you actual need to wake up and at the time you have to get up.

It is likely that you will start the day in your form room (this only applies to secondary school). You will be shown your locker, your timetable and where your classes are. Pay attention to the school rules and policies and other important information you will need to know.

## Making new friends

It may seem very hard to make friends on the first day of school which is why you shouldn't pressure yourself into doing so.

It may take a few days to make friends at your school but the best ways to go about it is to think of what you look for in a friend. Talk to people who are by themselves and sign up to clubs you find interesting.

# YOU'RE INVITED

Join our brand crew.

Tween Holiday celebrates amazingness in pre-teen girls!

A global magazine by pre-teen girls for pre-teen girls (*mostly!*).

We cherish holiday good times with:

*Fun, Family, Friends, Food, Fiesta, Faith!*

We are looking to work with

1. Mums as our local brand representatives.

2. Business sponsors who share similar brand values

Email us for details!

[tweenholiday@sapphiregroup.uk](mailto:tweenholiday@sapphiregroup.uk)

Our magazine issues all year round:

New Year Special Edition (Jan)

Spring Half-Term (Feb)

Easter Holiday (Apr)

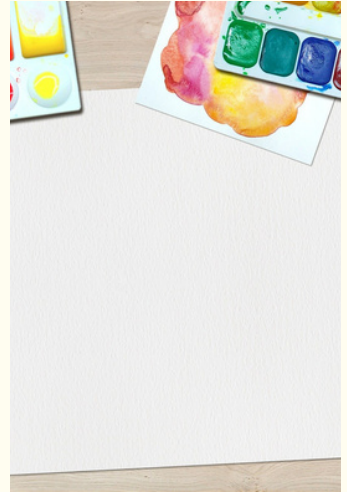
Summer Half-Term (June)

Summer Holiday (Aug)

Autumn Half Term (Oct)

Christmas Special Edition (Dec)

Gal



*Thanks*

FOR READING.

NEXT ISSUE IS  
**AUTUMN**  
**HALF TERM**



***Subscribe today.***  
***It's FREE!***

<https://sapphiregroup.uk/subscribe>

**Visit our website today!**

[tweenholiday.com](https://tweenholiday.com)



Follow @tweenholiday

Email us: [tweenholiday@sapphiregroup.uk](mailto:tweenholiday@sapphiregroup.uk)







@tweenholiday

A pre-teen magazine for girls is released during the half-term and school holidays.  
We celebrate ethnic diversity, family, fun, faith, food, fiesta and friendships.  
No part of this magazine should be reproduced or printed without permission.

Email us: [tweenholiday@sapphiregroup.uk](mailto:tweenholiday@sapphiregroup.uk) Website: [tweenholiday.com](http://tweenholiday.com)

*Tween Holiday Magazine | Issue No. 19 | August 2023. Copyright, [www.sapphiregroup.uk](http://www.sapphiregroup.uk).*