



Issue No. 25 | Autumn 2024

# Tween Holiday

PRE-TEEN GIRLS MAG



Movie Reviews  
Things to do

Harvest  
Recipes  
Taking care of me



@tweenholiday

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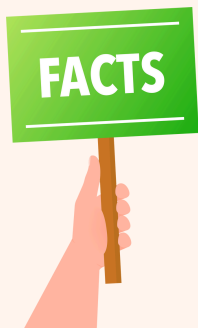
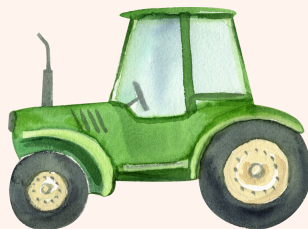
# TWEEN HOLIDAY

Pre-Teen Magazine

Issue No. 25 | Autumn 2024

## What's Inside?

autumn



Harvest  
Recipes  
Taking care of me

Things to do  
Movie reviews  
Weird and wacky facts

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## Welcome to Tween Holiday Autumn 2024 Issue!

**HELLO**  
*friends*

Welcome back to another one of our  
Seasonal Magazines!

We hope you're enjoying the new  
autumn season and have done a fun  
thing or two during the break!

In case you missed it in the last few  
issues, our new website is up!

So check us out at  
**[www.tweenholiday.com](http://www.tweenholiday.com)**

In this issue we cover

Movie reviews

Harvest

Things to do

Recipes

**And much more...**

Enjoy reading our articles! 😊

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**Caritas (much love)**  
**The Crew!**



### Tween Holiday Crew

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**crew writer 2** cam cam

**creative design** zizi

**asst. reviewer** anton





# NEW WEBSITE

# TWEENHOLIDAY.COM

*Join us in the fun  
on our  
brand new website.*



by The Crew at

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# hello autumn





# ***Harvest***

Every autumn, we celebrate the harvest, which is when all the fruits, vegetables and crops that have been growing on farms for the past few seasons are now ready to be harvested and distributed out to families, schools and communities.

During this time, it is important to be grateful for all the food we have been provided with throughout the year because of all the farmers who sacrifice their time to make sure their crops grow healthily and plentifully.

They wake up early and go to bed late doing farm chores and tending to all their animals, and for these deeds they have our gratitude.

This harvest, be grateful for all the food you have and try to share a meal with your family or friends.

**Show gratitude to a farmer for their hard work especially during this harvest season.**

**Visiting a farmer's market is enough to show your gratitude.**





Thanksgiving is an American and Canadian tradition in which family and friends share a meal together to give thanks for the harvest and blessings from the previous year.

The idea is thought to originate from a large feast that English pilgrims had together with native Americans to celebrate a plentiful harvest.

It usually falls around the fourth Thursday of November, which this year (2024) is 28th November.

Have a happy Thanksgiving!







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MOTION PICTURES

# INSIDE OUT 2

MOVIE REVIEW

# INSIDE OUT 2

by Zizi



During summer, Pixar dropped a sequel to Inside Out which quickly became a box office hit worldwide, bringing in over \$1 billion dollars for the Disney company. And after seeing the movie myself, I understood why it was so popular. Inside Out 2 is much similar to the original movie, exploring the protagonist's (Riley's) mind as she is controlled by 5 emotions - Joy, Sadness, Fear, Disgust and Anger. However, in the sequel, as Riley grows, she gets some new emotions during a particularly testing time in her life.

This movie is an amazing watch for young people as it spreads awareness about how children can react to different kinds of pressures that they can face in their daily lives and that it's normal to feel confused or not always be sure what to do. The Inside Out franchise has always had a great way of showing the complex thinking of the world's youth realistically and in detail and this amazing sequel did not fail to impress me.

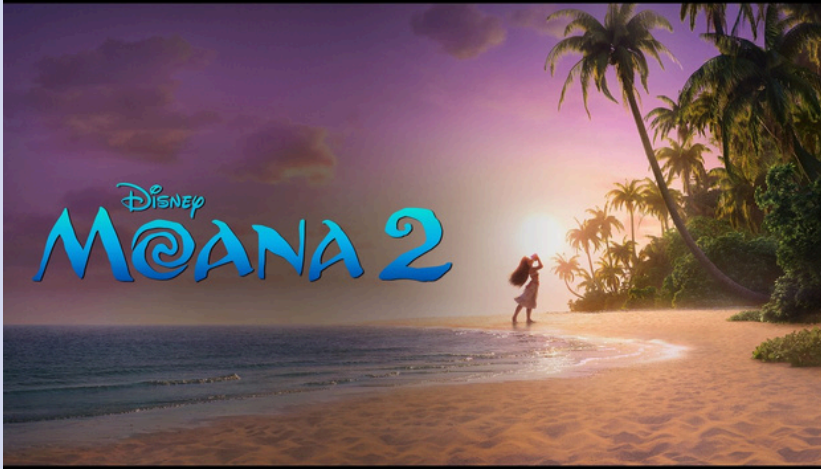


I rate Inside Out 2 **4.5 stars**. It's a perfect watch to raise awareness about mental health or just as a fun family movie.



# Movies to watch this season

## Moana 2



This year, making a comeback with a sequel, Moana 2 will be released in theatres on 29th November.

With the returning voice talents of Auli'i Cravalho and Dwayne Johnson, Moana, a self-formed crew and Maui set to sea to stop trouble unfolding on the hidden island of Motufetu.

**Our crew at Tween Holiday is very excited for this movie to come out and we'll be sure to provide you with a movie review soon.**





# Movies to watch this season

## Paddington in Peru



After 2 successful box office hits, the Paddington franchise is adding on another movie this November, Paddington in Peru.

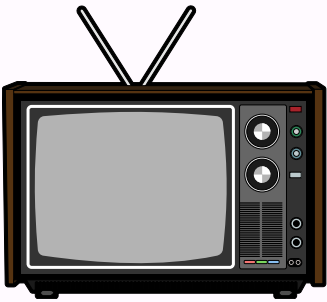
The adventure, featuring Paddington bear and the Brown family, will be released on 8th November and follows some of the unexpected misadventures they find themselves on during a trip to Peru.

**At Tween Holiday, we're excited to see this new movie as Paddington films are always full of adventure, mystery and plenty of fun.**



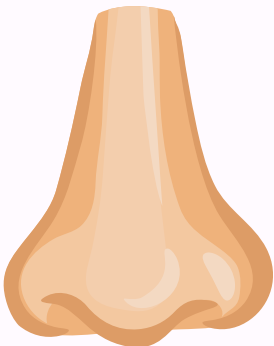
# Weird and Wacky Facts

**A sea turtle can weigh as much as a water buffalo.**



**There are more TV sets in the United States than there are people in the United Kingdom.**

**You use 72 different types of muscles each time you talk.**



**Your sense of smell is stronger in the evening and weaker in the morning.**



## Autumn Treat Pumpkin Muffins

### Ingredients:

- 220 grams of all-purpose flour ✦
- 1 teaspoon of baking soda
- 1 and ½ teaspoons of ground cinnamon
- 1 and ½ teaspoons of pumpkin pie spice
- ¼ teaspoon of ground ginger
- ½ teaspoon of salt
- 120ml of vegetable oil ✦
- 100g of granulated sugar
- 100g of dark brown sugar
- 340g of canned pumpkin puree
- 2 large eggs
- 60ml of milk



### Instructions:

- Preheat the oven to 220 degrees celsius, put cupcake cases in a 12-count muffin pan. ✦
- Whisk together the flour, baking soda, ground cinnamon, ground ginger, pumpkin pie spice and salt.
- In another bowl, whisk the oil, granulated sugar, brown sugar, pumpkin puree, eggs and milk until combined.
- Pour the wet ingredients into the dry ingredients and mix together until combined.
- Add the mixture into the cupcake cases.
- Bake for 5 minutes in the preheated oven, then change the temperature to 180 degrees celsius and allow the cupcakes to bake for around 17 more minutes or until fully baked.
- Allow the cupcakes to cool before eating and enjoy!







# Be Inspired

This is your personal thinking space.

What comes to your mind when you look at this photo?

Let your mind run free!





# Taking care of me

DAILY CHECK-IN LIST  
(BY ZIZI)



Since some long days at school can be overwhelming with all the homework and extra catch-up work you may have to do if you've missed a lesson, So, it's important to remember our priorities, needs and wants.

To do this, make a daily check-in list. Similar to a to-do list, a daily check-in list isn't necessarily about things you have to get done, it's more about wellness goals that you want to achieve.

For example, on your list you could put, go on a walk, drink 2 litres of water, eat a family meal, finish homework, etc. It's more about things you can do everyday to achieve a healthier lifestyle and improve your mental and physical health than tasks and assignments you need to get done. It's a smart and simple reminder to take time to enjoy yourself and not be overwhelmed by school and extracurricular activities.





# THINGS TO DO

***This autumn, instead of spending all day doing nothing inside, try to have some fun by doing some different autumn activities to really celebrate the changing of the seasons. We have a few suggestions below:***

1. Go on a walk: An easy thing to do is to go on a walk or sit down outside in a park or field in your local area. You can watch the leaves fall or even collect some acorns and conkers.



2. Use a bath bomb: After a long day, remember you can always de-stress by using a nice, scented bath bomb at night to help you relax for a while before heading off to bed.

3. Go to a farmers market: In the spirit of harvest, it would be great to go to your local farmers market and get some fresh produce to eat or even bake into something new later.





# THAT'S AUTUMN

By Zizi

When I was looking back at some of the old articles we wrote in our magazines before, I stumbled upon this poem from 2 years ago, taken from the 2022 Autumn edition of Tween Holiday.

I wanted to add it into this edition as I thought it summed up the aura of autumn so well.

Hope you enjoy!



*Out with the green,  
In with the red,  
I watch leaves falling,  
From my bed.  
A kind breeze,  
Blows in through my window,  
Fresh enough to,  
Put a smile on a widow.  
That's autumn.  
Out with the sun,  
In with the rain,  
The cold now starts,  
All over again.  
Sitting with the warmest  
Cup of hot cocoa  
It's much better  
To drink it while it's hot though.  
That's autumn.  
Now it's time  
For something nice  
Sprinkle your cuppa  
With pumpkin spice.  
Families sitting  
With warm drinks together  
As if hoping to stay warm forever  
That's autumn.*



# YOU'RE INVITED

Join our brand crew.

Tween Holiday celebrates amazingness in pre-teen girls!

A global magazine by pre-teen girls for pre-teen girls (*mostly!*).

We cherish holiday good times with:

*Fun, Family, Friends, Food, Fiesta, Faith!*

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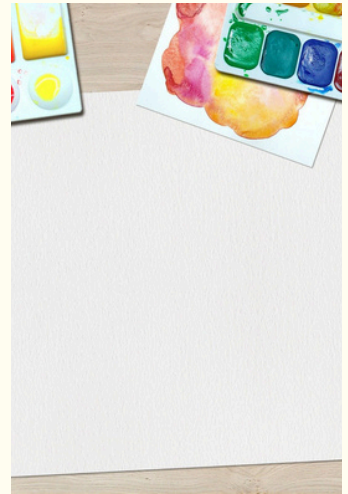
Summer Half-Term (June)

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Gal



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# AUTUMN



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A pre-teen magazine for girls is released during the half-term and school holidays.

We celebrate ethnic diversity, family, fun, faith, food, fiesta and friendships.

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