

Easter Hot Cross Buns



Gardening
Taking care of me
Movie reviews







TWEEN HOLIDAY

Pre-Teen Magazine

Issue No. 28 | Easter 2025







Spring Easter Taking care of me







Movie Reviews Gardening Hot Cross Buns

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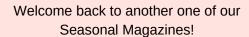


HELLO









We hope you're excited for the coming of Easter, the new season of Spring and have done a fun thing or two during the break!

In case you missed it in the last few issues, our new website is up!
So check us out at www.tweenholiday.com

We keep all the musings, magazines and merch on there. So join in the fun!

In this issue we cover

Easter

Spring

Things to do

Recipes

And much more...

Enjoy reading our articles! 😊

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Caritas (much love)

The Crew!

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by The Crew at

TWEEN HOLIDAY

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Saffer Sunday

Easter is a Christian celebration held after Lent, a 40 day time period of fasting, praying and reverence for God. Easter celebrates the resurrection of Jesus 3 days after his crucifixion on the cross. It is the most significant festival in the Christian calendar as Easter represents Jesus's power over death through his resurrection. There are many Easter traditions such as going to Easter Vigil Mass at church, eating lamb and breaking eggs to represent the tomb being found open when Mary Magdalene, Mary the mother of James and Salome went to visit it, however there are many Easter traditions around the world that are known for being unique to its specific region.

MATTHEW 28:5-7
BUT THE ANGEL SAID TO THE WOMEN,
"DO NOT BE AFRAID, FOR I KNOW
THAT YOU SEEK JESUS WHO WAS
CRUCIFIED. HE IS NOT HERE, FOR
HE HAS RISEN, AS HE SAID. COME,
SEE THE PLACE WHERE HE LAY"

Holy Week

Holy Week is the sixth week of Lent and the week leading up to Easter. It is a very significant week in the Christian calendar and highlights the events before, during and after the crucifixion of Jesus.

Palm Sunday

Palm Sunday is the day where Jesus rode into Jerusalem on a donkey and people watching sang 'Hosanna' and waved palm leaves.



Good Friday

Good Friday, the day where Jesus carried his cross to Calvary (or Golgotha) and was crucified.



Holy Monday

Holy Monday, the day that Jesus drove out merchants from the temple and spoke to people there, telling them about the hypocrisy of the Teachers of the Law.

Holy Saturday

Holy Saturday, the day that Jesus was put in his tomb.

Maundy Thursday

Maundy Thursday, the day that Jesus held the Last Supper with his disciples and introduced the Eucharist where he shared the bread and wine with the disciples.



Easter Sunday

Easter Sunday is the celebration of the resurrection of Jesus 3 days after he was crucified on the cross.



HOLY WEEK TRADITIONS AROUND THE WORLD



GERMANY

Families decorate Easter trees with painted eggs, a bit like putting colourful ornaments on a Christmas tree.

BFRMUDA

Young children fly kites on Good Friday. This tradition was started to help children understand Jesus ascending into heaven.



POLAND

Families have large Easter breakfasts together which features a treat called babka, a sweet bread.

SPAIN

Throughout Holy Week, Spain celebrates by holding large processions through streets of their cities, with floats holding statues of Jesus and Mother Mary which represent the Passion of Christ.



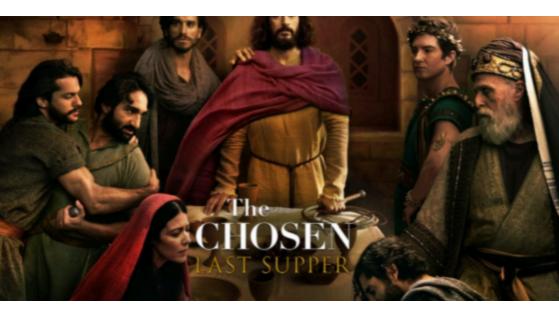


GREECE

Easter eggs are red to symbolise the Blood of Christ and people often light candles and say prayers in church.







THE CHOSEN: THE LAST SUPPER PART 1

review

By Zizi Photo rights by 5&2 Studios, Come and See Foundation

I rate The Chosen: The Last Supper Part 1 4.5 stars. It's a wonderfully illustrated retelling of well known historical and religious events that actively keeps you updated with the thoughts, feelings and actions of the characters throughout the whole plot. It's a perfect movie to watch during Holy Week or at any time of the year.



THE CHOSEN: THE LAST SUPPER PART 1 IS A MOVIE MADE UP OF THE FIRST TWO EPISODES OF SEASON 5 OF THE PROFOUND HISTORICAL DRAMA SERIES THE CHOSEN. THE CHOSEN SHOWS DIFFERENT STORIES FROM THE BIBLE FEATURING JESUS AND HIS DISCIPLES INCLUDING HIS SERMONS AND TEACHINGS AS WELL AS MIRACLES JESUS HAD PERFORMED DURING HIS TIME ON EARTH.

The Last Supper Part 1 follows Jesus and his followers during the beginning of Holy Week as Jesus enters Jerusalem on a donkey on Palm Sunday and finishing on Holy Monday where Jesus drove out people who were selling in the temple courts, known as the Cleansing of the Temple, and gave sermons where he called out the Pharisees and Teachers of the Law for their hypocrisy and sin. My favourite scene in this movie was the meeting between King Herod and the High Priest, which had a gripping blend of suspense, confrontation and witty lines coming from one end of the table.

CELEBRATING

Making Hot Cross Buns

Hot Cross Buns are an Easter favourite. Follow this 2 part recipe for an amazing squishy delicious sweet bread.



INGREDIENTS

- 75g caster Sugar
- 500g Flour
- 50g Butter
- 1 Egg, 300ml Milk
- 125g Currants
- 1/2 tsp. ground Cinnamon
- 1/4 tsp. ground Nutmeg
 - 1 tsp. Salt
 - 7g sachet Yeast





PART 1

Mix milk, yeast, a pinch of sugar in a bowl and leave it for 30mins.

Whisk egg yolk, with butter into the mixture.

Combine flour, sugar, salt, cinnamon and nutmeg in another bowl.

Make a hole in the center, add the yeast mixture and stir.

Add in the currants and stir until the mixture is thick.

On a flat surface, sprinkle flour.

Knead the dough on the surface for 10mins, until it is stretchy.

Put the dough into a large bowl, cover with cling film and allow it to rise for 1hr 30mins. The dough will double in size.

CELEBRATING EASTER

Making Hot Cross Buns



PART 2

Shape the dough into a rectangle and cut portions with a knife.

Roll each portion into a ball. Place into a buttered baking pan.

Allow it to rest in a warm place for about 45mins.

Brush the tops with egg white.

For the glaze, whisk caster sugar, milk and lemon zest until smooth and put into a piping bag. Pipe a cross shape over each bun.

Bake in a preheated oven (200C) for 20-25mins until golden. **ENJOY!**



DID YOU KNOW?

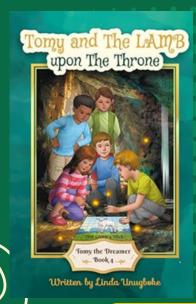
These famous buns were traditionally used to mark the end of Lent, and eaten on Good friday.

The cross shows the Christian significance.

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Book Review

"Tomy and The Lamb upon the Throne" By: Linda Unugboke



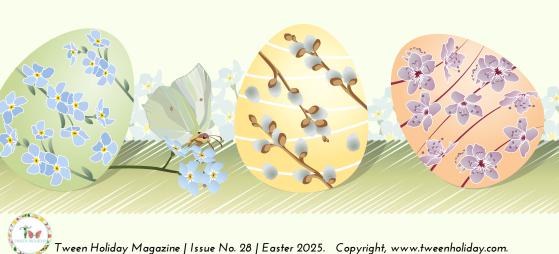




If you would like a good book to read in the time leading up to Easter, I would recommend Tomy and The Lamb upon the Throne. This book is the fourth book in the 'Tomy the Dreamer' book series, which follows the life of a young boy named Tomy who dreams to do extraordinary things one day. And in book 4, Tomy and the Lamb upon the Throne, he sees this happening when he and a select group of friends are sent on a mission and end up in a battle against 'F.E.A.R' which is threatening their generation. This book is filled with excitement, action and lots of surprises and twists which makes it an instant page turner that keeps you interested. This book, filled with many subtle references to the Bible and Christian faith, is suitable for young Christians, especially over Easter.



Easter eggs represent new life and rebirth; and chocolate eggs are always a nice treat to enjoy during the Easter season!



Things To Do - Gardening

Both Easter and Spring are all about new life and fresh beginnings, so whilst the sun is shining mercifully and the clouds still bring about rain, try out gardening as a fun new pastime to take up.

Although gardening can sometimes be time consuming, there are many plants that you can grow in your garden or even in your home for decoration that are still low-maintenance.

House Plants



Spider Plants need to be watered weekly and can be misted from time to time, however try not to overwater these plants.

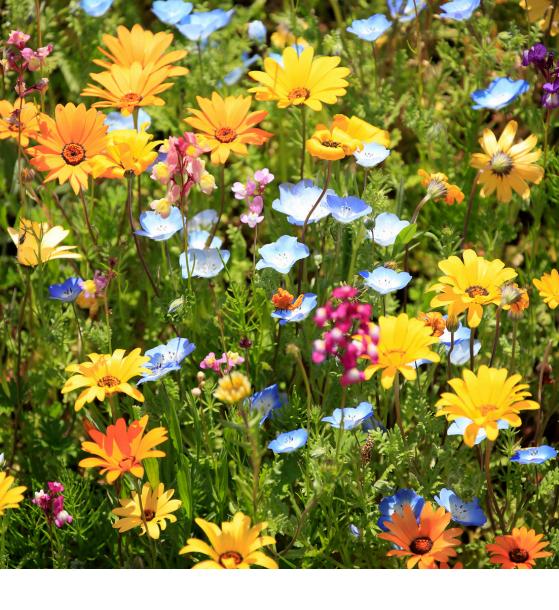


Aloe Vera plants can be kept inside your home and only need to be watered once a month or after all the water in the pot dries up.

Outdoor Plants

For outdoor plants, I recommend planting herbs as they are quite low-maintenance and you can harvest them once they are fully grown. Plants such as basil and sage only need to be watered once or twice a week, focusing on making sure that their soil is moist but not soggy and waterlogged.





Be Inspired

This is your personal thinking space.

What comes to your mind when you look at this photo?!



Let your mind run free!

As a fun craft and self-care idea, try out making a body scrub from scratch. Body scrubs help to exfoliate your skin, which removes dead skin cells from the surface of your skin, making it appear more healthy and bright. Try out this recipe for honey sugar body scrub.

Taking care of me

HOMEMADE BODY SCRUB (BY ZIZI)



You will need:

½ cup brown sugar ¼ cup coconut oil 2 tbsp honey Directions:

1. Mix all ingredients into a mixing bowl thoroughly and add a bit more coconut oil if the consistency is too crumbly. Then spoon the mixture into a clean, resealable container.

Although this is just meant to be a fun craft idea, it is important to also be careful when making and using a body scrub. Make sure to use the body scrub on your body, not your face, and rinse off properly after massaging the mixture onto skin. Exfoliate with the body scrub no more than twice a week and make sure to tell a trusted adult if you need help whilst making the scrub.



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Gal









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Easter





FROM TWEEN HOLIDAY CREW

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